NOT FOR SEPARATE SALE THE NEW Beauty Innovations for Asian skin: Have you tried them yet? How to be your own skincare expert

IN ASSOCIATION WITH

» Dermatologist Advice: What Can Make Your Skin Stay Young?

BEAUTY BAR

Splurge of the mont



*****BEAUTY tête-à-tête



At the launch of SK-II Whitening Source Clear Lotion and Skin Brightener, CLEO had a skin chat

with Dr Patricia Yuen consultant-dermatologist at Pacific Healthcare Specialist Centre.

Defy gravity now!

Before the tips of your eyelids droop, the jowls sag and the upper lip disappears, find out the ways to looking forever young without having to visit the dermatologist.

Fill in the lines L'Oréal Collagen Filler Wrinkle De-Crease, \$34.90, is an intensive wrinkle-filling and -reducing essence.

Biotherm Biofirm Lift Cream, **\$115,** not only fills wrinkle hollows but firms up the skin.

Boost hydration
Laneige Power Essential Skin
Refiner Light, \$38, and Balancing
Emulsion 2, \$45, from the Dusali
Water range, are patterned after
the seaweed that's found in the
Dead Sea to prompte healthy skin Dead Sea to promote healthy skin.

Peel away Comfort Zone Fruity Peel Rejuvenating Gel, \$74, uses alpha-hydroxy acids and jojoba for deep

exfoliation, making way for a flawless complexion.

Nu Skin 180 AHA Facial Peel and Neutralizer, \$143, uses 10 percent lactic acid solution to sweep away skin debris and promote cell renewal.



Laser off

Nulase Soft Touch Laser Kit, \$350 (introductory price), is a safe, non-invasive laser light that allows you to zap away old skin cells and nulase" speed up collagen reproduction for a healthier, more glowy skin. Available at Seiyu Bugis and selected Guardian outlets.

The men's department



SKINCARE BOSS SKIN BY HUGO BOSS OFFERS
COMPLETE CARE, FROM THE REFRESHING
FACE WASH TO THE RELAXING AFTERSHAVE
BALM, \$26.10 TO \$51. AVAILABLE AT CHANGI AIRPORT (T1, T2 AND THE BUDGET TERMINAL).

BODYCARE

MOLTON BROWN BRACING SILVERBIRCH BODY SCRUB, RE-CHARGE BLACK PEPPER BODY SOOTHER AND CASSIA ENERGY SPORT BODY SPRAY, \$39 TO \$55.

SPORT BODY SPRAY, 539 10 503.

FROM LEFT TO RIGHT: DUNHILL PURE, 573 TO 598; L'EAU PAR KENZO POUR HOMME, 572 TO 598; TOMMY SUMMER COLOGNE, 568; ESSENZA DI ZEGNA, 568; L'EAU BLEUE D'ISSEY EAU FRAICHE, 592; AND BOSS SELECTION, 586 TO 5111.



What are the options for treating pigmentation? Depending on the cause, you can choose targeted laser

treatments or use whitening skincare. In terms of at-home care, you should always exfoliate. You can't just rely on monthly treatments — you need to do your homework with effective skincare products. How important is exfolia in a whitening regime? It helps remove the superficial layer of debris called "melanin dust" — fragments of melanin that SKI cause persistent skin discoloration. SK-II Whitening Source Skin Brightener (\$168) and Clear Lotion (\$88) are designed to sweep away this dullness. **How soon can one see results** with these **SK-II products?** The results differ from person to person, depending on one's skin type and problems. But on the average, results can be seen in a week. What's the latest in cosmetic dermatology? The Sciton MicroLaserPeel peels deeper than microdermabrasion. It's used for smoothing scars, ablating fine lines, tightening pores and for overall facial rejuvenation.

nuLase